

**PhDr. Petra Winnette, Ph.D.**

**HIGHER EDUCATION**

2022 (semester)

Invited visiting scholar/researcher at Columbia University (New York, USA) at Developmental Affective Neuroscience Laboratory (DANL, Professor Nim Tottenham)

Since 2018

Ph. D. Medical psychology and psychopathology, 1<sup>st</sup> Medical School at Charles University, Prague  
Completed dissertation defense in 2025

2017 – 2018

FULBRIGHT COMMISSION “Fulbright Visiting Scholar Stipend”

Visiting scholar/researcher at Columbia University (New York, USA) at Developmental Affective Neuroscience Laboratory (DANL, Professor Nim Tottenham)

2005

Ph.D. Comparative Philology and Science, Faculty of Philosophy, Charles University, Prague

1992

University College Cork, Ireland (semester)  
Developmental Psychology, Applied Psychology, Social Work

1993

MA, Faculty of Education, Charles University, Prague

**OTHER EDUCATION**

2010, 2016

Certified Practitioner (therapist) in Dyadic Developmental Psychotherapy (DDP Institute, Daniel Hughes, USA)

2016, 2019

Certified Therapist, Consultant, and Trainer in Attachment-Focused Therapy (AFT Institute, Arthur Becker- Weidman, USA, and Academy for Human Development, University of Singapore)

2010

Certified Therapist in Pesso Boyden System Psychomotor (PBSP Institute, Albert Pesso, Boston, USA)

2000

Certified Therapist, Supervisor, and Trainer in Motivational Interviewing (Thomas Larkin and John Lundberg, The Star Society, IR-CR)

## **TEACHING, TRAINING AND LECTURING**

2022 – present

3<sup>rd</sup> Medical School at Charles University, Prague

Co-teaching a seminar on Child Development, Neurobiology, and Psychiatry (Michal Goetz, MD)

2003 – present

Natama Institute for Family Care Development

Senior trainer and lecturer in the field of child development, early trauma, adverse childhood experiences (ACE), attachment, and parenting

2008 – 2009

Charles University, Prague, Addictology, Department of Psychiatry

Lecturer of the seminar on Motivational Interviewing

2001 – 2004

Charles University, Prague, Department of Comparative Science

Lecturer of the seminar on a comparative approach to the interpretation of the psychological meaning of myths and fairytales

## **PUBLICATIONS**

### **Under revision:**

Winnette, P., & Abramson, L. (2024). Behavioral problems, dissociative symptoms, and empathy-related behaviors in children separated from parents after birth and adopted in infancy from institutional and foster care: A study in the Czech Republic (under revision at Attachment and Human Development journal)

Winnette, P. & Bob, P., (2023). Adverse Childhood Experiences and Dissociative Symptoms in Children Who Experienced Maternal Separation (under revision at Nature Scientific Reports journal)

### **Accepted for publication:**

Preiss, M., Fnašková, M., Berezka, S., Yevmenova, T., Heissler, R., Sanders, E., Winnette, P., Rektor, I. (2024). War and Women: An Analysis of Ukrainian Refugee Women Staying in the Czech Republic. *Cambridge Prisms: Global Mental Health*, 1–40. doi:10.1017/gmh.2024.7

### **Published:**

Winnette, P. (2022). Early Social Learning and Constancy in Close Relationships. *Social Pathology and Prevention*, 8(2), 49-63.

Winnette, P. (2019) Raný sociální vývoj – zkoumání mechanismů a souvislostí s transgeneračním traumatem. *Early social development – exploring mechanisms and connections with transmission of trauma* in Preiss, M. & Vizinová, D. (editors) (2019) Transgenerational transmission of trauma (not only trauma). Prague: Irene z. s.

Winnette, P. (editor and author) (2018 - 2023) *Almanac about Children and People, FULBRIGHT PROJECT - The GUIDE (Attachment, Adverse childhood experiences (ACE), Psychotherapy of Early Childhood Adversities, Attachment disorders, Puberty and Adolescence)*. Prague: Natama Publishing

Winnette, P. & Baylin, J. (2016) *Working with Traumatic Memories to Heal Adults with Unresolved Childhood Trauma: Neuroscience, Attachment Theory and PBSP*. London: Jessica Kingsley Publishing

Vrtbovská, P. (now Winnette, P.) (2010) O ztraceném dítěti: Attachment, poruchy attachmentu a léčení. *About a Lost Child: Attachment, Attachment Disorders and Treatment*. Tišnov: SCAN

Pesso, A., Pesso Boyden, D. & Vrtbovská, P. (now Winnette, P.) (2009) Úvod do Pesso Boyden System Psychomotor psychoterapie, PBSP v kontextu neurobiologie a teorie attachmentu. *Introduction to Pesso Boyden System Psychomotor, PBSP in the Context of Neurobiology and Attachment Theory*. Tišnov: SCAN

Vrtbovská P (now Winnette, P.) *Existuje ideální svět?*. In Hrbata Z. & Král O. (editors), (2006) Studie z komparatistiky. Různost rozhovorů. Poezie, filosofie, věda. Praha: FF UK/nakladatelství Malvern, 2006, s. 241-255. ISBN 80-86702-15-4.

## MAIN CONFERENCES AND PRESENTATIONS

2023 – International Conference AMY - Aid for Maltreated Youngs - Ohrožené děti z pohledu neurověd. Invited keynote speaker. Lecture: Early Adverse Experiences and Social Development

2022 – International Conference on Family and Family Policy, Opava, 24. November 2022  
Invited keynote speaker. Lecture: *Science of childhood adverse experiences*

2021 – National Conference in Slovakia (Bratislava) Is Good Enough Childhood Good Enough?  
Keynote lecturer. Lecture: *Adverse Childhood Experiences and Neurodevelopment*

2020 – National Institute of Mental Health (NIMH) and Smile of a Mother Organization  
First national conference on perinatology and mental health of mothers  
Keynote lecturer. Lecture: *How the mother and the child connect, neurobiology and attachment theory*

2019 - 7<sup>th</sup> International PBSP Conference  
Invited keynote lecturer. Lecture: *Structure of Memory and Memory of Structure*

2019 - National Institute of Mental Health (NIHM)  
Co-keynote speaker with Prof. Nim Tottenham (Columbia University) at the conference The Secrets of Developing Brain. Lecture: *Dimensions and Mechanisms of Early Social Development*

2018- IACAPAP – International Association for Child and Adolescent Psychiatry and Affiliated Professions  
Workshop: *Neuroscience and attachment theory explores the impact of adverse childhood experiences, Therapeutic possibilities for children in foster care, and adoption*

2018 – IACAPAP  
Member of Scientific Committee of IACAPAP Congress in Prague

2018 – Columbia University, New York

Lecture and Workshop for CU – DANL: *Children with History of Institutionalized Care and Dimensions of Clinical Work with Children with ACE*

*Dyadic Developmental Psychotherapy, one model of helping children with early relational trauma*

2017 — National Mental Health Institute, Prague (NUDZ)

Invited lecturer. Lecture for psychiatrists and doctoral students:

*Early Development and Attachment*

2016 – Neuropsychiatric Forum, Prague

Invited keynote speaker at the Annual Symposium on Neurology and Psychiatry

Lecture: *Early Development and the Consequences of Early Trauma*

2016 – Natama ASTRA, Prague

National Conference with Jonathan Baylin, PhD (DDPI USA)

Lecture: *How Childhood Influences Adulthood: The neuroscience of child development, trauma and psychotherapy*

2014 - PBSP Association Prague

International Conference in Prague

Lecture: *Complexity and Detail in Psychotherapy with Clients with Unresolved Childhood Trauma*

2013 – PT Publishing, Tampere, Finland

Invited keynote lecturer at the International Conference in Tampere, Finland

One-day lecture: *Psychomotor Mind-Body Therapy (PBSP) in the Treatment of Early Relational Trauma*

## **AWARDS AND FUNDING**

2022

Invited visiting scholar/researcher at Columbia University (New York, USA) at Developmental Affective Neuroscience Laboratory (DANL, Professor Nim Tottenham)

2017 – 2018

FULBRIGHT COMMISSION “Fulbright Visiting Scholar Stipend”

Visiting scholar at Columbia University (New York, USA) at Developmental Affective Neuroscience Laboratory (DANL, Professor Nim Tottenham)

2010 – 2013

ASHOKA Fellow Award and three-year funding for the development of the “Natama Institute for Family Care Development” project and its implementation

2009

OLGA HAVEL FOUNDATION

Award for Contribution to Science-Based Childcare Development in the Czech Republic

2003 – 2010

TV NOVA FOUNDATION

Author of a project focused on a scientific approach to the development of childcare services, “Natama Institute for Family Care Development”, which won a seven-year funding grant from a private television corporation- TV Nova

## **WORK EXPERIENCE**

2022 (semester)

Invited visiting scholar/researcher at Columbia University (New York, USA) at Developmental Affective Neuroscience Laboratory (DANL, Professor Nim Tottenham)

2008 – 2009

Lecturer at Charles University, Prague, Addictology, Department of Psychiatry (part time)

2003 – present

Founder, Director, Researcher, Senior Therapist, and Counselor, Lecturer

Natama Institute for Family Care Development focuses on the development and dissemination of science-based expertise in providing care and treatment for children with early trauma and severe attachment disorders

1997 – 2000

Adviser and project coordinator at the British Embassy in Prague in the field of bilateral projects between the UK and the Czech Republic on childcare development, ethnic issues, and social services

1993 – 1997

Professor at PORG (First Independent High School, Prague)